

**Degustation Menu** 

Six courses degustation menu, **B** 1,990.- net per person, minimum two persons

Amuse bouche of the day

### **Starters**

Crudo di pesce spada e caponata croccante Sword fish carpaccio and a warm medley of crispy summer vegetables, capers and caper leaves.

Yum Yanad Budu Phuket pineapple spicy salad with slipper lobster, budu sauce and lemongrass sorbet.

### Main courses

Branzino in acqua pazza con carciofi in due modi

Mediterranean seabass fillet in herbs and white wine sauce with artichokes two ways.

### Subtlety

Lime sherbet Smooth homemade green lime sherbet topped with lime zest

Bak Kut Teh Ped

Grilled Thai smoked duck with Phuket Chinese herbs sauce served with rice crisp and mushroom

### Dessert

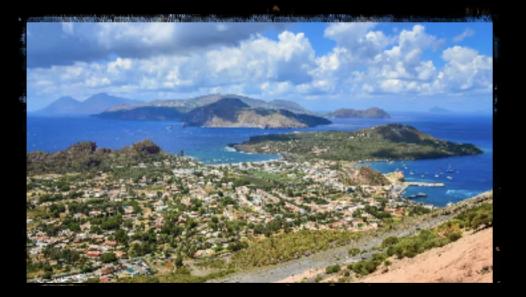
Gelato di Pistacchio di Bronte con gelo di anguria Pistacchio di Bronte ice cream with pistachio nuts and watermelon gelée.

# Welcome to

ISOLE (pronounced e-solay, Italian for Islands) celebrates the distinctive island cuisines of Phuket and the Mediterranean while you enjoy the casual comfort of its new décor, commanding one of Phuket's most impressive sea views across beautiful Kamala Bay.

Our revamped menu presents a choice of creative, modern Thai cuisine featuring succulent seafood from the waters around Phuket.





The menu also features unique traditional dishes from islands in the Mediterranean, such as Sardinia and Sicily.

Take your pick. Enjoy our unique island-themed dining experience.

ISOLE'S refreshed chic-casual décor, and furniture come in soft, subtle colours complementing the laidback island mood.

Our efficiently unobtrusive Thai staff give you space to restfully sit awhile and enjoy ISOLE'S uninterrupted elevated view across the Andaman Sea as you consider your choice of the best dishes Phuket and the Mediterranean islands can offer.



Index		
Degustation Menu	page	1
Welcome	page	2
Starters	page	4
Entrèes	page	15
Mains	page	23
Charcoal grilled BBQ	page	37
Side dishes	page	59
Desserts	page	67
Other	page	75

Starters		
Mediterranean Starters		
Scallop Crudo	page	5
Andaman Sea Cannelloni	page	6
Crudo di pesce spada e caponata croccante	page	7
Melon & Prosciutto Ribbons	page	8
Dry Aged John Fish	page	9
Beet salad	page	10
Phuket Starters		
Siamese salad	page	11
Mee Sapam	page	12
Yum Yanad Budu	page	13
Poo Makham	page	14

Mediterranean Starters	Index	Starters	Entrées	Mains	Grill	Sides	Desserts
------------------------	-------	----------	---------	-------	-------	-------	----------

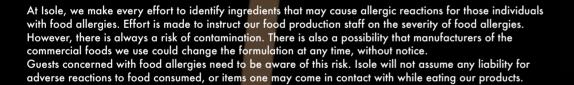
# Scallop Crudo

Raw Hokkaido scallops with torched strawberries, fresh Japanese cucumber, strawberry sauce and cucumber sorbet .

THB

590.00

Allergens and other dietary requirements





One of the distinguishing features of Hokkaido scallops is their impressive size and meatiness. These scallops are known for their large, succulent meat, making each bite a sumptuous and satisfying affair. Scallops are also considered very healthy. They are a good source of Protein, Magnesium, Potassium, B12 and are very low in saturated fat. For this beautifully coloured dish we proudly use fresh strawberries rom Chiang Mai, these strawberries are especially sweet, with a ruby colour and pleasing scent.



# Andaman Sea Cannelloni

Crispy onion cannelloni stuffed with Andaman seafood, Shrimp, Squid, mussels, pickled bell pepper, lemon zest and sea grapes.

# THB

Allergens and other dietary requirements

Contains dairies, gluten and white wine

At Isole, we make every effort to identify ingredients that may cause allergic reactions for those individuals with food allergies. Effort is made to instruct our food production staff on the severity of food allergies. However, there is always a risk of contamination. There is also a possibility that manufacturers of the commercial foods we use could change the formulation at any time, without notice. Guests concerned with food allergies need to be aware of this risk. Isole will not assume any liability for adverse reactions to food consumed, or items one may come in contact with while eating our products. <image>

A beautiful celebration of native Phuket seafood, carefully crafted with an Italian idea.

450.00

# Crudo di pesce spada e caponata croccante

Sword fish carpaccio and a warm medley of crispy summer vegetables, capers and caper leaves.

# THB

590.00

### Allergens and other dietary requirements

It contains fish and celery

At Isole, we make every effort to identify ingredients that may cause allergic reactions for those individuals with food allergies. Effort is made to instruct our food production staff on the severity of food allergies. However, there is always a risk of contamination. There is also a possibility that manufacturers of the commercial foods we use could change the formulation at any time, without notice. Guests concerned with food allergies need to be aware of this risk. Isole will not assume any liability for adverse reactions to food consumed, or items one may come in contact with while eating our products.



From the Sicilian tradition, thinly sliced swordfish fillet, imported from Sicily, on a medley of sliced vegetables, all dressed with few drops of lemon juice, sea salt and PDO Val Di Mazara extra virgin olive oil. This oil is produced in the eastern part of Sicily from 100% Biancolilla olives which give to the oil its unique characteristics.

On the side, few chips of eggplant and zucchini, complimented with fried capers and their leaves from the island of Salina, off the coast of Sicily. It's a product awarded by the Slow Food Presidium for its outstanding quality.



# **Melon & Prosciutto Ribbons**

Melon and cantaloupe ribbons. Prosciutto di Parma, burrata cream and balsamic glaze.

# THB

490.00

### Allergens and other dietary requirements

Contains dairies



At Isole, we make every effort to identify ingredients that may cause allergic reactions for those individuals with food allergies. Effort is made to instruct our food production staff on the severity of food allergies. However, there is always a risk of contamination. There is also a possibility that manufacturers of the commercial foods we use could change the formulation at any time, without notice. Guests concerned with food allergies need to be aware of this risk. Isole will not assume any liability for adverse reactions to food consumed, or items one may come in contact with while eating our products.

A timeless classic refreshed for perfect start of a summer dinner at the tropics.

# **Dry Aged John Fish**

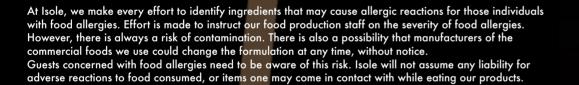
Dry aged Andaman Sea John snapper served with job's tears, seaweed, lime zest, basil oil and green apple sauce.

450.00

# THB

Allergens and other dietary requirements

Contains dairies and soy oil





Slightly dry aged native Andaman Sea John snapper prepared in a unique way which will leave your palate in wonders.



Baked beetroot with feta cheese creamy mousse, pistachio crumble, coconut chips and green salad.

### THB

420.00

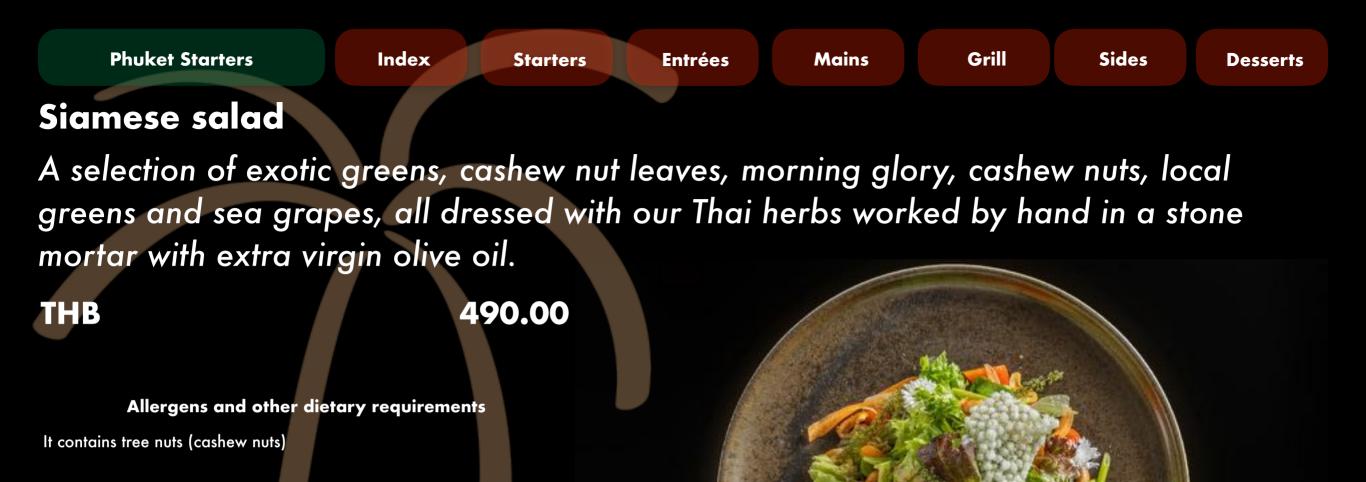
#### Allergens and other dietary requirements

Contains dairies and nuts

At Isole, we make every effort to identify ingredients that may cause allergic reactions for those individuals with food allergies. Effort is made to instruct our food production staff on the severity of food allergies. However, there is always a risk of contamination. There is also a possibility that manufacturers of the commercial foods we use could change the formulation at any time, without notice. Guests concerned with food allergies need to be aware of this risk. Isole will not assume any liability for adverse reactions to food consumed, or items one may come in contact with while eating our products.

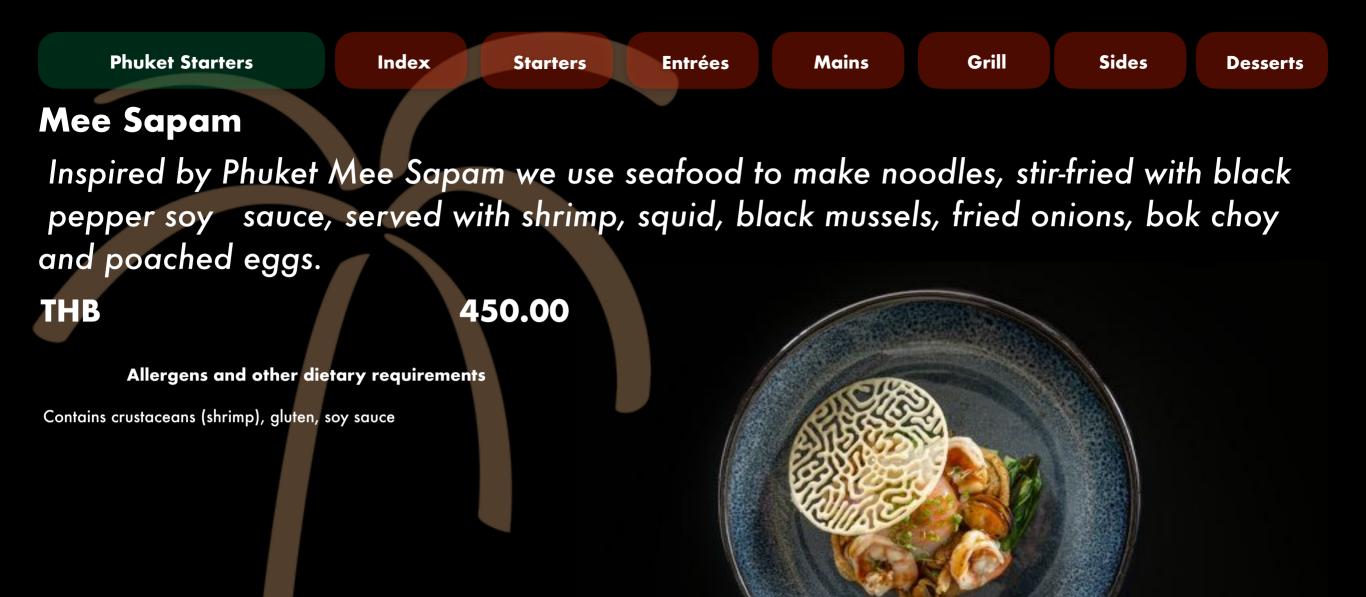


Simple and yet delicious baked beetroot with a perfect combination of creamy feta cheese. Absolutely one to try.



At Isole, we make every effort to identify ingredients that may cause allergic reactions for those individuals with food allergies. Effort is made to instruct our food production staff on the severity of food allergies. However, there is always a risk of contamination. There is also a possibility that manufacturers of the commercial foods we use could change the formulation at any time, without notice. Guests concerned with food allergies need to be aware of this risk. Isole will not assume any liability for adverse reactions to food consumed, or items one may come in contact with while eating our products.

Inspired by the famous Tom Yam Koong, we use the the same herbs and spices to prepare its savory dressing. Garlic, galangal, little chili, coriander roots slowly hand pestled in a stone mortar to extract all the essential oils and finally folded into cold pressed extra virgin olive oil.



At Isole, we make every effort to identify ingredients that may cause allergic reactions for those individuals with food allergies. Effort is made to instruct our food production staff on the severity of food allergies. However, there is always a risk of contamination. There is also a possibility that manufacturers of the commercial foods we use could change the formulation at any time, without notice. Guests concerned with food allergies need to be aware of this risk. Isole will not assume any liability for adverse reactions to food consumed, or items one may come in contact with while eating our products.

Inspired by traditional Phuket's Mee Sapam which literally means "eggs noodles" but we use fresh seafood to make the actual noodles...it's a delicious explosion of sea taste.

Phuket Starters	Index	Starters	Entrées	Mains	Grill	Sides	Desserts
-----------------	-------	----------	---------	-------	-------	-------	----------

# Yum Yanad Budu

Phuket pineapple spicy salad with slipper lobster, budu sauce and lemongrass sorbet.

# THB

# 450.00

#### Allergens and other dietary requirements

Contains treenuts (cashew), fish, crustacean (shrimp), gluten and sugar



At Isole, we make every effort to identify ingredients that may cause allergic reactions for those individuals with food allergies. Effort is made to instruct our food production staff on the severity of food allergies. However, there is always a risk of contamination. There is also a possibility that manufacturers of the commercial foods we use could change the formulation at any time, without notice. Guests concerned with food allergies need to be aware of this risk. Isole will not assume any liability for adverse reactions to food consumed, or items one may come in contact with while eating our products.

A celebration of famous Phuket's pineapple, which locals call Yanad. Made into a salad with shrimps and complemented with another Phuket specialty, a fermented fish sauce called Budu. Budu is an anchovies sauce and one of the best known fermented seafood products in Malaysia, the Natuna Islands, South Sumatra, Bangka Island, Indonesia, and Southern Thailand.

It is traditionally made by mixing anchovies and salt and allowing the mix to ferment for 140 to 200 days. It is used as a flavouring and is normally eaten with fish, rice, and raw vegetables.



# Poo Makham

Crab croquettes with Tamarind sauce Phuket style and sweet chili jam

## THB

# 450.00

### Allergens and other dietary requirements

Contains crustaceans (crab, shrimp), meat (chicken), soy derivates (soy sauce), eggs, gluten and sugar



At Isole, we make every effort to identify ingredients that may cause allergic reactions for those individuals with food allergies. Effort is made to instruct our food production staff on the severity of food allergies. However, there is always a risk of contamination. There is also a possibility that manufacturers of the commercial foods we use could change the formulation at any time, without notice. Guests concerned with food allergies need to be aware of this risk. Isole will not assume any liability for adverse reactions to food consumed, or items one may come in contact with while eating our products.

Our interpretation of the famous Koong Makam (prawns with tamarind sauce), made in a form of small croquettes of crab and shrimp meat with the addition of chicken skins to soften the texture. Served with a delicate tamarind jelly and hot and sweet chili jam.

Entrèes		
Mediterranean Entrèes		
Lorighittas alla sassarese	page	16
Fregola risottata alle arselle con polpa di riccio	page	17
Gnocchetti Sardi in brodetto di scampi	page	18
Lorighittas al sugo di agnello da latte	page	19
Zuppa Mediterranea ai Frutti Di Mare	page	20

Phuket Entrèe Tom Kha Tom Krong

page 21 page 22



# Lorighittas alla sassarese

Lorighittas pasta from Morgongiori, Sardinia, with semi aged Pecorino sheep cheese and parsley.

# THB 690.00

Allergens and other dietary requirements

Contains dairies and gluten

At Isole, we make every effort to identify ingredients that may cause allergic reactions for those individuals with food allergies. Effort is made to instruct our food production staff on the severity of food allergies. However, there is always a risk of contamination. There is also a possibility that manufacturers of the commercial foods we use could change the formulation at any time, without notice. Guests concerned with food allergies need to be aware of this risk. Isole will not assume any liability for adverse reactions to food consumed, or items one may come in contact with while eating our products.



Lorighittas ("small rings" in Sardinian) are a type of pasta typical of the village of Morgongiori at the foot of Monte Arci in Sardinia. They are recognized as a traditional food and thus carry the P.A.T. label in Italy. They are prepared by hand by twisting a double string of dough between the fingers to create a closed braid to form a ring (loriga, in Sardinian). They are traditionally prepared for the feast of All Saints Day with semolina flour and water. To make a kilo of pasta a person alone can take 3/4 hours. We prepare them with a creamy sauce made of its cooking water and Pecorino di Osilo, which is made from raw sheep milk in northern Sardinia by Pulinas family following the "integrated Farming" philosophy, which means that the family takes care of everything, from the sheeps to the cheese aging. Osilo Pecorino has an incredible smoothness, the result of pressing during production.

# Fregola risottata alle arselle con polpa di riccio

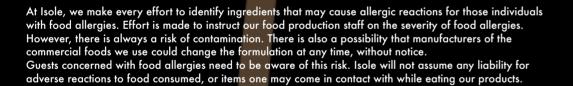
950.00

Wood roasted fregola pasta cooked in wedge clams broth with mediterranean herbs and finished with sea urchin roe.

# THB

#### Allergens and other dietary requirements

Contains mollusks (clams, sea urchins) and gluten





Fregola is a type of pasta from Sardinia. It is similar to North African Berkoukes, Levantine Moghrabieh, and Israeli couscous. Fregola comes in varying sizes, but typically consists of semolina dough that has been rolled into balls 2–3 mm in diameter and toasted in a wood fired oven. We simmer it into clams stock, cooking similarly to risotto and finish with raw sea urchin roe for the Mediterranean sea (Sicily)



# Gnocchetti Sardi in brodetto di scampi

Sardinian Gnocchetti in herbs infused langoustine broth.

# THB

790.00

### Allergens and other dietary requirements

Contains crustaceans (langoustine), fish and gluten



At Isole, we make every effort to identify ingredients that may cause allergic reactions for those individuals with food allergies. Effort is made to instruct our food production staff on the severity of food allergies. However, there is always a risk of contamination. There is also a possibility that manufacturers of the commercial foods we use could change the formulation at any time, without notice. Guests concerned with food allergies need to be aware of this risk. Isole will not assume any liability for adverse reactions to food consumed, or items one may come in contact with while eating our products.

Sardinian gnocchetti, very different from the classic potato gnocchi is a small size pasta which blends perfectly with our delicious langoustine thick broth with herbs.

# Lorighittas al sugo di agnello da latte

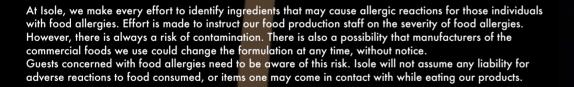
Lorighittas pasta from Morgongiori, Sardinia, dressed with traditional suckling lamb sauce and Sardinian aged sheep cheese.

# THB

850.00

### Allergens and other dietary requirements

Contains dairies, meat (lamb), gluten and celery





Lorighittas ("small rings" in Sardinian) are a type of pasta typical of the village of Morgongiori at the foot of Monte Arci in Sardinia. They are recognized as a traditional food and thus carry the P.A.T. label in Italy. They are prepared by hand by twisting a double string of dough between the fingers to create a closed braid to form a ring (loriga, in Sardinian). They are traditionally prepared for the feast of All Saints Day with semolina flour and water. To make a kilo of pasta a person alone can take 3/4 hours. We prepare them with a rich suckling lamb and tomato sauce, finished with a generous handful of sheep cheese.

# Zuppa Mediterranea ai Frutti Di Mare

Mediterranean Seafood soup, with rock lobsters, baby squid, clams, black mussels, white wine, black olive, sundried tomato, dill and chili oils.

490.00

# THB

Allergens and other dietary requirements

Contains shellfish, soy oil

At Isole, we make every effort to identify ingredients that may cause allergic reactions for those individuals with food allergies. Effort is made to instruct our food production staff on the severity of food allergies. However, there is always a risk of contamination. There is also a possibility that manufacturers of the commercial foods we use could change the formulation at any time, without notice. Guests concerned with food allergies need to be aware of this risk. Isole will not assume any liability for adverse reactions to food consumed, or items one may come in contact with while eating our products.

An absolute delight of a Mediterranean simple dish made for happiness.



# Tom Kha

Scallops and coconut Thai herbs soup with coconut foam.

# THB

490.00

### Allergens and other dietary requirements

Contains mollusks (scallop), fish, gluten and sugar

At Isole, we make every effort to identify ingredients that may cause allergic reactions for those individuals with food allergies. Effort is made to instruct our food production staff on the severity of food allergies. However, there is always a risk of contamination. There is also a possibility that manufacturers of the commercial foods we use could change the formulation at any time, without notice. Guests concerned with food allergies need to be aware of this risk. Isole will not assume any liability for adverse reactions to food consumed, or items one may come in contact with while eating our products.

Inspired by the traditional southern style coconut soup, served in its own shell. Inside, you'll find many Phuket's favorites: coconut, young coconut flesh, coconut shoots, coconut milk and shrimp paste. A large Hokkaido scallop and other vegetables to enrich the whole dish. A crispy mushrooms stick as edible (and savory) decoration.



## **Tom Krong**

Sour and spicy smoked dry fish consommé served with crispy fried Andaman Tang's snapper fillet, tomato cherry confit, grilled mushroom and cilantro.

ТНВ		490.00	
Allergens and of	her dietary requ	virements	
Contains fish and sugar			
		. f .i . i .i .	



At Isole, we make every effort to identify ingredients that may cause allergic reactions for those individuals with food allergies. Effort is made to instruct our food production staff on the severity of food allergies. However, there is always a risk of contamination. There is also a possibility that manufacturers of the commercial foods we use could change the formulation at any time, without notice. Guests concerned with food allergies need to be aware of this risk. Isole will not assume any liability for adverse reactions to food consumed, or items one may come in contact with while eating our products.

Inspired by a traditional southern style soup. The fish scales are kept on and crunchy for the perfect bite of soft moist native Andaman Tang's snapper.

# Mains

Mediterranean Main Courses		
Filetto di branzino cileno rosolato in padella	page	24
Aragosta di Phuket	page	25
Branzino in acqua pazza con carciofi in due modi	page	26
Polpo alla griglia	page	27
Chicken Boudin Blanc	page	28
Dry Aged Duck	page	29
Lamb Chops	page	30
Short ribs	page	31
Phuket Main Courses		
Kaeng Khua Goong Yanad	page	32
Bak Kut Teh Ped	page	33
Tumis	page	34
Pla Tod Nampla	page	35
Moo Hong	page	36

# Filetto di branzino cileno rosolato in padella

Pan-seared snow fish fillet, crispy skin on, served with asparagus cream, green vegetables, pickled shallots and truffle sauce.

990.00

# THB

Allergens and other dietary requirements

It contains dairies

At Isole, we make every effort to identify ingredients that may cause allergic reactions for those individuals with food allergies. Effort is made to instruct our food production staff on the severity of food allergies. However, there is always a risk of contamination. There is also a possibility that manufacturers of the commercial foods we use could change the formulation at any time, without notice. Guests concerned with food allergies need to be aware of this risk. Isole will not assume any liability for adverse reactions to food consumed, or items one may come in contact with while eating our products.



This fillet of Chilean sea bass, caught on very deep and cold ocean is a dream of softness and deliciousness. The truffle sauce is a surprise for the palate.

# Aragosta di Phuket

Grilled native lobster from the Andaman Sea, served with barley rice, sea grapes, fennel cream, citrus lobster sauce and lobster foam.

# THB

1,590.00

### Allergens and other dietary requirements

It contains dairies, gluten and alcohol (white wine)



At Isole, we make every effort to identify ingredients that may cause allergic reactions for those individuals with food allergies. Effort is made to instruct our food production staff on the severity of food allergies. However, there is always a risk of contamination. There is also a possibility that manufacturers of the commercial foods we use could change the formulation at any time, without notice. Guests concerned with food allergies need to be aware of this risk. Isole will not assume any liability for adverse reactions to food consumed, or items one may come in contact with while eating our products.

A beautifully cooked Phuket lobster tail served with modern style light sauces to keep the lobster as the star of the dish with all it's flavours.



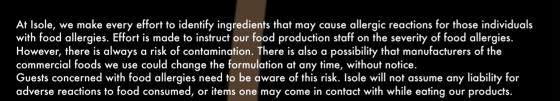
Seabass fillet in herbs and white wine sauce with artichokes two ways.

## THB

890.00

#### Allergens and other dietary requirements

Contains dairies





The term acqua pazza (Italian for 'crazy water') is used in Italian cuisine to refer to a recipe for poached white fish, or to simply refer to the lightly herbed broth used to poach it. The are many versions but our take is the lighter one, made of white wine, fresh Italian basil, a whole clove of garlic, slightly crushed ('in camicia', Italian for 'wearing a shirt') and pitted olives, the Leccino variety.

The fillet, deboned and drenched in flour, is first seared and then poached in acqua pazza. Serve with roasted artichokes and artichoke purée.



# Polpo alla griglia

Grilled Octopus, served with squid ink velote, romesco sauce, crispy smashed baby potatoes and fried capers.

790.00

# THB

Allergens and other dietary requirements

Contains dairies and nuts



At Isole, we make every effort to identify ingredients that may cause allergic reactions for those individuals with food allergies. Effort is made to instruct our food production staff on the severity of food allergies. However, there is always a risk of contamination. There is also a possibility that manufacturers of the commercial foods we use could change the formulation at any time, without notice. Guests concerned with food allergies need to be aware of this risk. Isole will not assume any liability for adverse reactions to food consumed, or items one may come in contact with while eating our products.

A perfectly grilled Japanese octopus leg, fantastic sauces and originality with the crispy smashed baby potatoes.

# **Chicken Boudin Blanc**

Roast chicken with boudin stuffing, served with balsamic champignon mushroom, mushroom gel, parmesan chips and chicken jus.

750.00

# THB

Allergens and other dietary requirements

Contains dairies and red wine



At Isole, we make every effort to identify ingredients that may cause allergic reactions for those individuals with food allergies. Effort is made to instruct our food production staff on the severity of food allergies. However, there is always a risk of contamination. There is also a possibility that manufacturers of the commercial foods we use could change the formulation at any time, without notice. Guests concerned with food allergies need to be aware of this risk. Isole will not assume any liability for adverse reactions to food consumed, or items one may come in contact with while eating our products.

A touch of south France...still within Mediterranean islands to give a bite of warmth.



# Dry Aged Duck

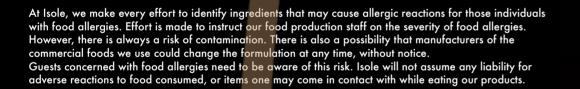
Grilled dry aged Thai Barbary duck, served with beetroot puree, seared broccoli, fresh orange, duck chips and duck jus.

890.00

# THB

Allergens and other dietary requirements

Contains red wine





Barbary duck, also known as Muscovy duck, is a lean breed of duck that is known for its firm, plump meat. Most farms in Thailand raise Barbary ducks without the use of antibiotics or growth hormones, and feed them natural food. The meat is known for being tender and tasty.



# Lamb Chops

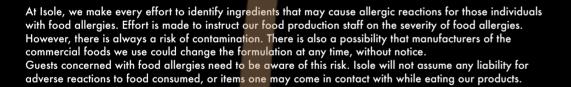
Grilled Australian lamb chops, served with Jerusalem artichoke puree, red reddish pickle, grilled vegetables, garlic croutons and balsamic lamb jus.

250.00

# THB

Allergens and other dietary requirements

Contains dairies, gluten and red wine





his is Murraylands Premium, and is the epitome of Australian quality, pasture-fed, chilled lamb. Strategically located in South Australia, Murrayland has easy access to the premium quality livestock of clean, green southern Australia: an assurance that the process begins the way it should end - with quality. It's antibiotic free, which means no antibiotics are ever used and it's raised with no added hormones or steroids.



# Short ribs

Braised Australian angus beef short ribs, served with burnt leek, onion jam, seared broccoli, beef jus chips and jus de moelle osseuse sauce.

,090.00

### THB

Allergens and other dietary requirements

Contains red wine





Mulwarra Grain Fed Black Angus Beef is a premium 150+ day grain fed beef sourced from hand picked Black Angus cattle in the south-eastern states of Victoria and New South Wales in Australia. Short ribs are a cut of beef taken from the brisket, chuck, plate, or rib areas of beef cattle. Cooked slowly for a long time, the meat is extremely ender and juicy.



Grilled Phuket Andaman tiger prawns with Phuket pineapple curry served with pineapple kaffir lime leaves chutney and steam Khao Doi (Upland rice).

890.00

# THB

Allergens and other dietary requirements

Contains gluten

At Isole, we make every effort to identify ingredients that may cause allergic reactions for those individuals with food allergies. Effort is made to instruct our food production staff on the severity of food allergies. However, there is always a risk of contamination. There is also a possibility that manufacturers of the commercial foods we use could change the formulation at any time, without notice. Guests concerned with food allergies need to be aware of this risk. Isole will not assume any liability for adverse reactions to food consumed, or items one may come in contact with while eating our products.



Inspired by typical Phuket's curry "Kaeng Khua Yanad", a mildly spicy pineapple curry, this dish is a deconstruction where all ingredients are masterfully separated for you to discern each and every single one. Phuket's pineapple "Yanad", mild curry, a large Andaman tiger prawn and served with steamed upland rice and a rice crisp.

Phuket Mains	Index	Starters	Entrées	Mains	Grill	Sides	Desserts
Bak Kut Teh Ped							

Grilled Thai smoked duck with Phuket Chinese herbs sauce served with rice crisp and mushroom.

# THB

850.00

### Allergens and other dietary requirements

Contains gluten and soy sauce

At Isole, we make every effort to identify ingredients that may cause allergic reactions for those individuals with food allergies. Effort is made to instruct our food production staff on the severity of food allergies. However, there is always a risk of contamination. There is also a possibility that manufacturers of the commercial foods we use could change the formulation at any time, without notice. Guests concerned with food allergies need to be aware of this risk. Isole will not assume any liability for adverse reactions to food consumed, or items one may come in contact with while eating our products.



A culinary influence by the Hokkien culture brought in Phuket by the Hoklo and Teochew Chinese, consisting in a mixture of fragrant herbs and spices such as garlic, cloves, cinnamon, star anise, fennel seeds and coriander; all reduced to fine powder and used to flavor the duck breast and its jus. Some spice mix is used for smoking the duck too.



# Tumis

Grilled Phuket Andaman Sea bass with Phuket Tumis curry, served with coconut rice, fried green okra and torched ginger flower pickles.





At Isole, we make every effort to identify ingredients that may cause allergic reactions for those individuals with food allergies. Effort is made to instruct our food production staff on the severity of food allergies. However, there is always a risk of contamination. There is also a possibility that manufacturers of the commercial foods we use could change the formulation at any time, without notice. Guests concerned with food allergies need to be aware of this risk. Isole will not assume any liability for adverse reactions to food consumed, or items one may come in contact with while eating our products.

A child born from Chinese and Malay muslims in Phuket, Tumis is a hot curry which you can now only find in Phuket; made of chilies, shallots, tamarind and garlic, slowly simmered in coconut oil. Served with Andaman coral trout and coconut infused steamed jasmine rice.



# Pla Tod Nampla

Pan-seared Phuket Andaman Sea bass fillet, served with caramel fish sauce, green sour mango mousse, pickled shallot, cashew nuts and spicy sauce gel.





At Isole, we make every effort to identify ingredients that may cause allergic reactions for those individuals with food allergies. Effort is made to instruct our food production staff on the severity of food allergies. However, there is always a risk of contamination. There is also a possibility that manufacturers of the commercial foods we use could change the formulation at any time, without notice. Guests concerned with food allergies need to be aware of this risk. Isole will not assume any liability for adverse reactions to food consumed, or items one may come in contact with while eating our products.

A very popular local fish caught just miles out the beach, and cooked to perfection following well known recipes but we add a little twist to take it modern for nowadays palates.



# Moo Hong

Southern Styled Pork Stew served with grilled and fried mushroom and crispy pork skin.

# THB

690.00

#### Allergens and other dietary requirements

Contains gluten and soy sauce

At Isole, we make every effort to identify ingredients that may cause allergic reactions for those individuals with food allergies. Effort is made to instruct our food production staff on the severity of food allergies. However, there is always a risk of contamination. There is also a possibility that manufacturers of the commercial foods we use could change the formulation at any time, without notice. Guests concerned with food allergies need to be aware of this risk. Isole will not assume any liability for adverse reactions to food consumed, or items one may come in contact with while eating our products.



This dish can only be found in South Thailand, it is an institution amongst chefs. Everyone loves it and everyone knows how to cook it but not easy unless you have Grandma recipe....

# Charcoal grilled BBQ

Grilled in our enclosed charcoal grill, a heavy piece of equipment (over one metric ton!) imported from Spain and powered exclusively by clean, sustainable, compressed bamboo charcoal.

Choose your seafood or meat, the grade you want it cooked and which basting you want it cooked with, selecting form:

- Plain, no basting at all;
- Salt & pepper, with a dash of extra virgin olive oil;
- Sardinian basting, made of garlic, parsley, salt and pepper in extra virgin olive oil;
- Vino Bianco, a basting made of white wine, extra virgin olive oil, salt, pepper and Mediterranean herbs;
- Thai BBQ, a Thai style basting made of oyster sauce and Thai herbs;
- Southern style, a basting inspired by "Satay", a curried marinade with coconut milk and Thai herbs.

Our chef will carefully check the temperature at the core to ensure the exact requirement and report it in the card will be delivered together with your order.

Each item is served with a flight of freshly in - house made sauce and one dollop of Mediterranean aromatic butter as follow:

- Salmoriglio, a blend of garlic, parsley, mustard, lemon juice, salt and pepper in extra virgin olive oil;
- Bordelaise, roasted beef bones gravy with red wine, mustard and shallots;
- Nam Jim seafood, the classic Thai spicy seafood sauce, made of fish sauce, chilies, garlic and herbs with a hint of lime;
- Nam Jin Jaew, a mildly spicy Thai BBQ sauce with dried chili, long coriander and toasted glutinous rice;
- Mediterranean aromatic butter, made of fresh creamery butter, garlic, Mediterranean herbs, Sicilian capers and sun dried tomatoes.







bage	39
bage	44

- page 46
  - page 47
  - page 49
  - page 55
    - page 56

Grilled Seafood	Index	Starters	Entrées	Mains	Grill	Sides	Desserts
Tiger prawns							

Charcoal grilled tiger prawns around 300 grams total, served with Mediterranean butter and our special selection of in-house made sauces.

### THB

# ,390.00

#### Allergens and other dietary requirements

Salmoriglio sauce does not contain allergens Bordelaise sauce contains meat (beef), Alcohol (red wine) and dairies Nam Jim seafood contains fish and sugar Nam Jin Jaew contains sugar, fish and soy derivates (soy sauce) Mediterranean aromatic butter contains dairies Vino Bianco basting contains alcohol (white wine Thai BBQ basting contains fish and mollusks Southern style basting does not contain allergens



At Isole, we make every effort to identify ingredients that may cause allergic reactions for those individuals with food allergies. Effort is made to instruct our food production staff on the severity of food allergies. However, there is always a risk of contamination. There is also a possibility that manufacturers of the commercial foods we use could change the formulation at any time, without notice. Guests concerned with food allergies need to be aware of this risk. Isole will not assume any liability for

adverse reactions to food consumed, or items one may come in contact with while eating our products.

Tiger prawns have tiger-like stripes on their shells and turn a dark orange color when cooked.

Tiger prawns have a slightly sweet and earthy taste, and a firm texture. Some say they taste similar to shrimp or crayfish, as per neutron they are high in protein and contain vitamins B1 and B12, which are important for the immune system, metabolism, heart health, red blood cell formation, nerve function, and DNA production.

# **Phuket lobster**

Charcoal grilled whole Phuket lobster, around 600 to 700 grams, served with Mediterranean butter and our special selection of in-house made sauces.

### THB

# 2,290.00

### Allergens and other dietary requirements

Salmoriglio sauce does not contain allergens Bordelaise sauce contains meat (beef), Alcohol (red wine) and dairies Nam Jim seafood contains fish and sugar Nam Jin Jaew contains sugar, fish and soy derivates (soy sauce) Mediterranean aromatic butter contains dairies Vino Bianco basting contains alcohol (white wine Thai BBQ basting contains fish and mollusks Southern style basting does not contain allergens



At Isole, we make every effort to identify ingredients that may cause allergic reactions for those individuals with food allergies. Effort is made to instruct our food production staff on the severity of food allergies. However, there is always a risk of contamination. There is also a possibility that manufacturers of the commercial foods we use could change the formulation at any time, without notice. Guests concerned with food allergies need to be aware of this risk. Isole will not assume any liability for adverse reactions to food consumed, or items one may come in contact with while eating our products.

A Phuket lobster is known for its particularly sweet, delicate flavour with a tender texture, often described as a richer and more succulent version of regular lobster, making it a prized delicacy in the region; its unique feature is its vibrant, multi-colored shell, sometimes referred to as a "seven-color lobster".

Grilled Seafood	Index	Starters	Entrées	Mains	Grill	Sides	Desserts

## Salmon

Charcoal grilled salmon fillet, crispy skin on, served with Mediterranean butter and our special selection of in-house made sauces.

### THB

1,090.00

#### Allergens and other dietary requirements

Salmoriglio sauce does not contain allergens Bordelaise sauce contains meat (beef), Alcohol (red wine) and dairies Nam Jim seafood contains fish and sugar Nam Jin Jaew contains sugar, fish and soy derivates (soy sauce) Mediterranean aromatic butter contains dairies Vino Bianco basting contains alcohol (white wine Thai BBQ basting contains fish and mollusks Southern style basting does not contain allergens



At Isole, we make every effort to identify ingredients that may cause allergic reactions for those individuals with food allergies. Effort is made to instruct our food production staff on the severity of food allergies. However, there is always a risk of contamination. There is also a possibility that manufacturers of the commercial foods we use could change the formulation at any time, without notice. Guests concerned with food allergies need to be aware of this risk. Isole will not assume any liability for adverse reactions to food consumed, or items one may come in contact with while eating our products.

Tasmanian salmon is often considered to have a slightly rich, delicate flavour and firm texture due to factors like cold water and stricter regulations in its farming practices, compared to Norwegian salmon which may have a slightly higher fat content depending on diet and farming methods.

Grilled Seafood	Index	Starters	Entrées	Mains	Grill	Sides	Desserts

# Snow fish

Charcoal grilled snow fish fillet, crispy skin on, served with Mediterranean butter and our special selection of in-house made sauces.

## THB

1,490.00

#### Allergens and other dietary requirements

Salmoriglio sauce does not contain allergens Bordelaise sauce contains meat (beef), Alcohol (red wine) and dairies Nam Jim seafood contains fish and sugar Nam Jin Jaew contains sugar, fish and soy derivates (soy sauce) Mediterranean aromatic butter contains dairies Vino Bianco basting contains alcohol (white wine Thai BBQ basting contains fish and mollusks Southern style basting does not contain allergens



At Isole, we make every effort to identify ingredients that may cause allergic reactions for those individuals with food allergies. Effort is made to instruct our food production staff on the severity of food allergies. However, there is always a risk of contamination. There is also a possibility that manufacturers of the commercial foods we use could change the formulation at any time, without notice. Guests concerned with food allergies need to be aware of this risk. Isole will not assume any liability for adverse reactions to food consumed, or items one may come in contact with while eating our products.

Snow fish, also known as Chilean Seabass, has a mild, slightly sweet taste with a rich, oily texture, often described as similar to halibut or seabass, with large, flaky flakes that hold their shape well when cooked; it's considered a premium white fish with a clean, delicate flavour that readily absorbs marinades and seasonings.

Grilled Seafood	Index	Starters	Entrées	Mains	Grill	Sides	Desserts

# Swordfish

Charcoal grilled boneless swordfish steak, served with Mediterranean butter and our special selection of in-house made sauces.

### THB

1,290.00

### Allergens and other dietary requirements

Salmoriglio sauce does not contain allergens Bordelaise sauce contains meat (beef), Alcohol (red wine) and dairies Nam Jim seafood contains fish and sugar Nam Jin Jaew contains sugar, fish and soy derivates (soy sauce) Mediterranean aromatic butter contains dairies Vino Bianco basting contains alcohol (white wine Thai BBQ basting contains fish and mollusks Southern style basting does not contain allergens



At Isole, we make every effort to identify ingredients that may cause allergic reactions for those individuals with food allergies. Effort is made to instruct our food production staff on the severity of food allergies. However, there is always a risk of contamination. There is also a possibility that manufacturers of the commercial foods we use could change the formulation at any time, without notice. Guests concerned with food allergies need to be aware of this risk. Isole will not assume any liability for adverse reactions to food consumed, or items one may come in contact with while eating our products.

Swordfish has a mild, slightly sweet taste often described as "meaty" with a firm texture, similar to a steak, and not a strong "fishy" flavor, making it a good choice for those who aren't big seafood eaters; its taste profile can be compared to tuna with a hint of brine and a subtle sweetness depending on the cut and freshness.



aromatic butter.

THB

1,090.00

### Allergens and other dietary requirements

Salmoriglio sauce does not contain allergens Bordelaise sauce contains meat (beef), Alcohol (red wine) and dairies Nam Jim seafood contains fish and sugar Nam Jin Jaew contains sugar, fish and soy derivates (soy sauce) Mediterranean aromatic butter contains dairies Vino Bianco basting contains alcohol (white wine) Thai BBQ basting contains fish and mollusks Southern style basting does not contain allergens



At Isole, we make every effort to identify ingredients that may cause allergic reactions for those individuals with food allergies. Effort is made to instruct our food production staff on the severity of food allergies. However, there is always a risk of contamination. There is also a possibility that manufacturers of the commercial foods we use could change the formulation at any time, without notice. Guests concerned with food allergies need to be aware of this risk. Isole will not assume any liability for adverse reactions to food consumed, or items one may come in contact with while eating our products.

Mildly spicy game hen with a savory mustard and herbs basting, approx. 800 grams, grilled and served with a flight of four in house made sauces and Mediterranean aromatic butter. This young chickens are farmed in Chiang Mai according to Organic principles, they're free range and particularly flavorful and tender. They are split open from the back, the spine is removed and the whole chicken is gently pressed to keep an open shape. We grill them into our charcoal oven while basting with a spicy mixture of Dijon mustard, garlic, chili, mediterranean herbs and olive oil. We only serve them well done.

Grilled Poultry	Index	Starters	Entrées	Mains	Grill	Sides	Desserts

# Petto d'anatra

Mallard duck breast, approx. 250 grams, grilled to your liking and served with a flight of four in house made sauces and Mediterranean aromatic butter.

### THB

890.00

#### Allergens and other dietary requirements

Salmoriglio sauce does not contain allergens Bordelaise sauce contains meat (beef), Alcohol (red wine) and dairies Nam Jim seafood contains fish and sugar Nam Jin Jaew contains sugar, fish and soy derivates (soy sauce) Mediterranean aromatic butter contains dairies Vino Bianco basting contains alcohol (white wine) Thai BBQ basting contains fish and mollusks Southern style basting does not contain allergens



At Isole, we make every effort to identify ingredients that may cause allergic reactions for those individuals with food allergies. Effort is made to instruct our food production staff on the severity of food allergies. However, there is always a risk of contamination. There is also a possibility that manufacturers of the commercial foods we use could change the formulation at any time, without notice. Guests concerned with food allergies need to be aware of this risk. Isole will not assume any liability for adverse reactions to food consumed, or items one may come in contact with while eating our products.

A mallard duck typically has a "gamey" taste, meaning a distinct, earthy flavour that sets it apart from other poultry, often described as rich and slightly sweet with a high fat content contributing to a luxurious mouthfeel; it's considered a stronger flavour compared to domestic chicken.

# Tre coste di agnellone australiano

Australian lamb rack three ribs, approx. 350 grams, grilled to your liking and serve with a flight of four in house made sauces and Mediterranean aromatic butter.

### THB

# 1,690.00

#### Allergens and other dietary requirements

Salmoriglio sauce does not contain allergens Bordelaise sauce contains meat (beef), Alcohol (red wine) and dairies Nam Jim seafood contains fish and sugar Nam Jin Jaew contains sugar, fish and soy derivates (soy sauce) Mediterranean aromatic butter contains dairies Vino Bianco basting contains alcohol (white wine) Thai BBQ basting contains fish and mollusks Southern style basting does not contain allergens



At Isole, we make every effort to identify ingredients that may cause allergic reactions for those individuals with food allergies. Effort is made to instruct our food production staff on the severity of food allergies. However, there is always a risk of contamination. There is also a possibility that manufacturers of the commercial foods we use could change the formulation at any time, without notice. Guests concerned with food allergies need to be aware of this risk. Isole will not assume any liability for adverse reactions to food consumed, or items one may come in contact with while eating our products.

This is Murraylands Premium, and is the epitome of Australian quality, pasture-fed, chilled lamb. Strategically located in South Australia, Murrayland has easy access to the premium quality livestock of clean, green southern Australia: an assurance that the process begins the way it should end - with quality. It's antibiotic free, which means no antibiotics are ever used and it's raised with no added hormones or steroids.

Grilled Pork	Index	Starters	Entrées	Mains	Grill	Sides	Desserts
Iberico Pork Coll	ar Presa						

Iberico pork collar presa, approx. 250 grams, grilled to your liking and served with a flight of four in house made sauces and Mediterranean aromatic butter.

### THB

## 1,190.00

#### Allergens and other dietary requirements

Salmoriglio sauce does not contain allergens Bordelaise sauce contains meat (beef), Alcohol (red wine) and dairies Nam Jim seafood contains fish and sugar Nam Jin Jaew contains sugar, fish and soy derivates (soy sauce) Mediterranean aromatic butter contains dairies Vino Bianco basting contains alcohol (white wine) Thai BBQ basting contains fish and mollusks Southern style basting does not contain allergens



At Isole, we make every effort to identify ingredients that may cause allergic reactions for those individuals with food allergies. Effort is made to instruct our food production staff on the severity of food allergies. However, there is always a risk of contamination. There is also a possibility that manufacturers of the commercial foods we use could change the formulation at any time, without notice.

Guests concerned with food allergies need to be aware of this risk. Isole will not assume any liability for adverse reactions to food consumed, or items one may come in contact with while eating our products.

Iberico pork presa is a cut of meat from the shoulder of an Iberian pig that has a rich, complex taste profile with a deep and intense flavour that's almost gamey, with notes of sweetness, nuttiness, and earthiness. The meat's marbling melts in your mouth, creating a buttery richness.

# **Iberico Pork Loin Chop**

Iberico pork loin chop, approx. 300 grams, grilled to your liking and served with a flight of four in house made sauces and Mediterranean aromatic butter.

### THB

## 1,390.00

#### Allergens and other dietary requirements

Salmoriglio sauce does not contain allergens Bordelaise sauce contains meat (beef), Alcohol (red wine) and dairies Nam Jim seafood contains fish and sugar Nam Jin Jaew contains sugar, fish and soy derivates (soy sauce) Mediterranean aromatic butter contains dairies Vino Bianco basting contains alcohol (white wine) Thai BBQ basting contains fish and mollusks Southern style basting does not contain allergens



At Isole, we make every effort to identify ingredients that may cause allergic reactions for those individuals with food allergies. Effort is made to instruct our food production staff on the severity of food allergies. However, there is always a risk of contamination. There is also a possibility that manufacturers of the commercial foods we use could change the formulation at any time, without notice. Guests concerned with food allergies need to be aware of this risk. Isole will not assume any liability for adverse reactions to food consumed, or items one may come in contact with while eating our products.

These are not just like regular pork chops you might have tasted, they are more tender and have the distinct nutty flavour of Iberico Pork making them very unique.



# Tenderloin

Australian Black Angus Beef tenderloin, approx. 200 grams, grilled to your liking and served with a flight of four in house made sauces and Mediterranean aromatic butter.

### THB

# 1,290.00

#### Allergens and other dietary requirements

Salmoriglio sauce does not contain allergens Bordelaise sauce contains meat (beef), Alcohol (red wine) and dairies Nam Jim seafood contains fish and sugar Nam Jin Jaew contains sugar, fish and soy derivates (soy sauce) Mediterranean aromatic butter contains dairies Vino Bianco basting contains alcohol (white wine) Thai BBQ basting contains fish and mollusks Southern style basting does not contain allergens



At Isole, we make every effort to identify ingredients that may cause allergic reactions for those individuals with food allergies. Effort is made to instruct our food production staff on the severity of food allergies. However, there is always a risk of contamination. There is also a possibility that manufacturers of the commercial foods we use could change the formulation at any time, without notice. Guests concerned with food allergies need to be aware of this risk. Isole will not assume any liability for adverse reactions to food consumed, or items one may come in contact with while eating our products.

Mulwarra Grain Fed Black Angus Beef is a premium 150+ day grain fed beef sourced from hand picked Black Angus cattle in the south-eastern states of Victoria and New South Wales in Australia. The rich pastures in which the animals are raised and the quality of the high energy natural grain ration produce a tender, flavoursome and juicy beef. Product is then independently graded into marble scores MB3+ lines.



Australian Black Angus Beef striploin, approx. 300 grams, grilled to your liking and served with a flight of four in house made sauces and Mediterranean aromatic butter.

### THB

# 1,190.00

#### Allergens and other dietary requirements

Salmoriglio sauce does not contain allergens Bordelaise sauce contains meat (beef), Alcohol (red wine) and dairies Nam Jim seafood contains fish and sugar Nam Jin Jaew contains sugar, fish and soy derivates (soy sauce) Mediterranean aromatic butter contains dairies Vino Bianco basting contains alcohol (white wine) Thai BBQ basting contains fish and mollusks Southern style basting does not contain allergens



At Isole, we make every effort to identify ingredients that may cause allergic reactions for those individuals with food allergies. Effort is made to instruct our food production staff on the severity of food allergies. However, there is always a risk of contamination. There is also a possibility that manufacturers of the commercial foods we use could change the formulation at any time, without notice. Guests concerned with food allergies need to be aware of this risk. Isole will not assume any liability for adverse reactions to food consumed, or items one may come in contact with while eating our products.

Striploin is cut from the anterior part of the rack, boneless. It might have some connective tissue in the middle and some fat around. We suggest to cook no more than medium.



Australian Black Angus Beef Ribeye, approx. 300 grams, grilled to your liking and served with a flight of four in house made sauces and Mediterranean aromatic butter.

### THB

# 1,290.00

#### Allergens and other dietary requirements

Salmoriglio sauce does not contain allergens Bordelaise sauce contains meat (beef), Alcohol (red wine) and dairies Nam Jim seafood contains fish and sugar Nam Jin Jaew contains sugar, fish and soy derivates (soy sauce) Mediterranean aromatic butter contains dairies Vino Bianco basting contains alcohol (white wine) Thai BBQ basting contains fish and mollusks Southern style basting does not contain allergens



At Isole, we make every effort to identify ingredients that may cause allergic reactions for those individuals with food allergies. Effort is made to instruct our food production staff on the severity of food allergies. However, there is always a risk of contamination. There is also a possibility that manufacturers of the commercial foods we use could change the formulation at any time, without notice. Guests concerned with food allergies need to be aware of this risk. Isole will not assume any liability for adverse reactions to food consumed, or items one may come in contact with while eating our products.

Ribeye is celebrated for its rich, beefy flavour, often described as the most flavourful cut due to its high marbling. The fat content contributes to a juicy, savoury taste. The texture is tender and juicy, with the marbling providing a nice mouthfeel

Grilled Beef	Index	Starters	Entrées	Mains	Grill	Sides	Desserts
Picanha							
A	D [ [	•	200	1			

Australian Black Angus Beet Picanha, approx. 300 grams, grilled to your liking and served with a flight of four in house made sauces and Mediterranean aromatic butter.

### THB

# 1,090.00

#### Allergens and other dietary requirements

Salmoriglio sauce does not contain allergens Bordelaise sauce contains meat (beef), Alcohol (red wine) and dairies Nam Jim seafood contains fish and sugar Nam Jin Jaew contains sugar, fish and soy derivates (soy sauce) Mediterranean aromatic butter contains dairies Vino Bianco basting contains alcohol (white wine) Thai BBQ basting contains fish and mollusks Southern style basting does not contain allergens



At Isole, we make every effort to identify ingredients that may cause allergic reactions for those individuals with food allergies. Effort is made to instruct our food production staff on the severity of food allergies. However, there is always a risk of contamination. There is also a possibility that manufacturers of the commercial foods we use could change the formulation at any time, without notice. Guests concerned with food allergies need to be aware of this risk. Isole will not assume any liability for adverse reactions to food consumed, or items one may come in contact with while eating our products.

Picanha is a cut of beef from the top of a cow's rump that's known for its flavour and tenderness. We recommend the cooking grade not more than medium. Medium/Rare would be the best.



# Tomahawk

Australian Black Angus Beef Tomahawk, approx. 1kg, grilled to your liking and served with a flight of four in house made sauces and Mediterranean aromatic butter.

### THB

# 3,990.00

#### Allergens and other dietary requirements

Salmoriglio sauce does not contain allergens Bordelaise sauce contains meat (beef), Alcohol (red wine) and dairies Nam Jim seafood contains fish and sugar Nam Jin Jaew contains sugar, fish and soy derivates (soy sauce) Mediterranean aromatic butter contains dairies Vino Bianco basting contains alcohol (white wine) Thai BBQ basting contains fish and mollusks Southern style basting does not contain allergens



At Isole, we make every effort to identify ingredients that may cause allergic reactions for those individuals with food allergies. Effort is made to instruct our food production staff on the severity of food allergies. However, there is always a risk of contamination. There is also a possibility that manufacturers of the commercial foods we use could change the formulation at any time, without notice. Guests concerned with food allergies need to be aware of this risk. Isole will not assume any liability for adverse reactions to food consumed, or items one may come in contact with while eating our products.

Tomahawk beef is a bone-in ribeye steak cut from the rib primal of a cattle.

The tomahawk's signature feature is the long bone left attached, which gives it the appearance of a tomahawk axe and a "handle". The meat is highly marbled and tender, and the bone insulates it while cooking, resulting in a rich flavour and moist texture.

# Tajima Wagyu beef striploin

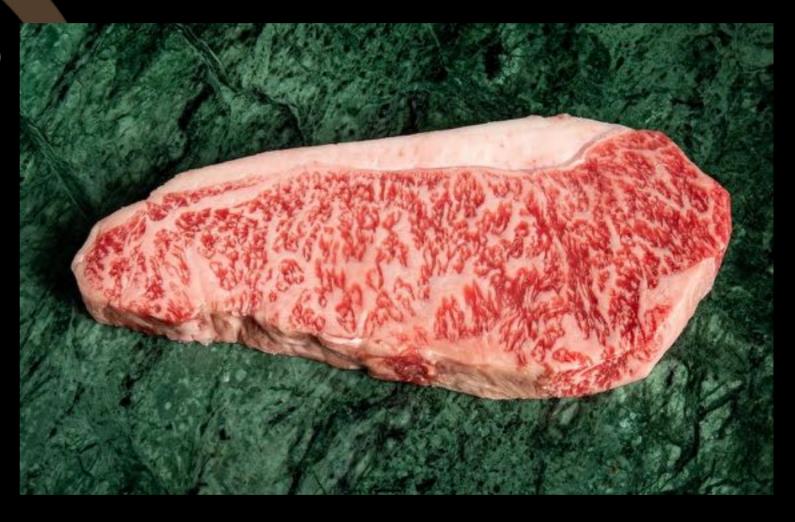
Australian Tajima Wagyu beef striploin, approx. 200 grams, grilled to your liking and served with a flight of four in house made sauces and Mediterranean aromatic butter.

### THB

### 1,850.00

#### Allergens and other dietary requirements

Salmoriglio sauce does not contain allergens Bordelaise sauce contains meat (beef), Alcohol (red wine) and dairies Nam Jim seafood contains fish and sugar Nam Jin Jaew contains sugar, fish and soy derivates (soy sauce) Mediterranean aromatic butter contains dairies Vino Bianco basting contains alcohol (white wine) Thai BBQ basting contains fish and mollusks Southern style basting does not contain allergens



At Isole, we make every effort to identify ingredients that may cause allergic reactions for those individuals with food allergies. Effort is made to instruct our food production staff on the severity of food allergies. However, there is always a risk of contamination. There is also a possibility that manufacturers of the commercial foods we use could change the formulation at any time, without notice. Guests concerned with food allergies need to be aware of this risk. Isole will not assume any liability for adverse reactions to food consumed, or items one may come in contact with while eating our products.

Tajima Wagyu is considered to be the finest of all steaks with a thick layer of outside fat called CAP (which can be trimmed), mild marbling but full pack of flavour, it melts in your mouth like smooth caramel, leaving the silken finish of beef and butter on the tongue.



Black Angus bred in Thailand, Costatina 45 days dry-aged, approx. 350 grams, grilled to your liking and served with a flight of four in house made sauces and Mediterranean aromatic butter. THB 1,790.00

#### Allergens and other dietary requirements

Salmoriglio sauce does not contain allergens Bordelaise sauce contains meat (beef), Alcohol (red wine) and dairies Nam Jim seafood contains fish and sugar Nam Jin Jaew contains sugar, fish and soy derivates (soy sauce) Mediterranean aromatic butter contains dairies Vino Bianco basting contains alcohol (white wine) Thai BBQ basting contains fish and mollusks Southern style basting does not contain allergens



At Isole, we make every effort to identify ingredients that may cause allergic reactions for those individuals with food allergies. Effort is made to instruct our food production staff on the severity of food allergies. However, there is always a risk of contamination. There is also a possibility that manufacturers of the commercial foods we use could change the formulation at any time, without notice. Guests concerned with food allergies need to be aware of this risk. Isole will not assume any liability for adverse reactions to food consumed, or items one may come in contact with while eating our products.

This Irish Black Angus is bred by a very dedicated Italian breeder in the North of Thailand. The main characteristics of the meat are: softness and juiciness; flavour and sweetness; intense aroma and high marbling, i.e. high quantity of \*good fats "rich in Omega 3 essential for cardiovascular health. Calves are raised in the wild but always under the supervision of specialised vets. Steers are fed with hay, cassava, sugar cane molasses and fruit. When they reach 28-32 months the steers are fed only to cereals, fruit, legumes, cassava and molasses. Aging is dry, according to the Italian tradition and is carried out in special dark cells that are constantly ventilated at a controlled temperature and humidity.

Sharing Boards	Index	Starters	Entrées	Mains	Grill	Sides	Desserts
Grigligta di poss							

# Grigliata di pesce

Prawns, slipper lobster, scallops, squids, swordfish and salmon fillet, all grilled to perfection into our charcoal oven and served with a flight of four in-house made sauces and Mediterranean aromatic butter.

THB

3,490.00

#### Allergens and other dietary requirements

Salmoriglio sauce does not contain allergens Bordelaise sauce contains meat (beef), Alcohol (red wine) and dairies Nam Jim seafood contains fish and sugar Nam Jin Jaew contains sugar, fish and soy derivates (soy sauce) Mediterranean aromatic butter contains dairies Vino Bianco basting contains alcohol (white wine) Thai BBQ basting contains fish and mollusks Southern style basting does not contain allergens



At Isole, we make every effort to identify ingredients that may cause allergic reactions for those individuals with food allergies. Effort is made to instruct our food production staff on the severity of food allergies. However, there is always a risk of contamination. There is also a possibility that manufacturers of the commercial foods we use could change the formulation at any time, without notice. Guests concerned with food allergies need to be aware of this risk. Isole will not assume any liability for <u>adverse reactions to food consumed, or</u> items <u>one may come in contact</u> with while eating our products.

Just perfect for a large table to feast on.

Sharing Boards	Index	Starters	Entrées	Mains	Grill	Sides	Desserts
Crialista di carro							

# Grigliata di carne

Australian lamb rack, duck breast, a whole chicken, Iberico pork collar presa and a Black Angus beef tenderloin, all grilled to your liking and served with a flight of four in house made sauces and Mediterranean aromatic butter.

## ТНВ

4,490.00

### Allergens and other dietary requirements

Salmoriglio sauce does not contain allergens Bordelaise sauce contains meat (beef), Alcohol (red wine) and dairies Nam Jim seafood contains fish and sugar Nam Jin Jaew contains sugar, fish and soy derivates (soy sauce) Mediterranean aromatic butter contains dairies Vino Bianco basting contains alcohol (white wine) Thai BBQ basting contains fish and mollusks Southern style basting does not contain allergens



At Isole, we make every effort to identify ingredients that may cause allergic reactions for those individuals with food allergies. Effort is made to instruct our food production staff on the severity of food allergies. However, there is always a risk of contamination. There is also a possibility that manufacturers of the commercial foods we use could change the formulation at any time, without notice. Guests concerned with food allergies need to be aware of this risk. Isole will not assume any liability for adverse reactions to food consumed, or items one may come in contact with while eating our products.

Just perfect for a large table to feast on.

Sharing Boards	Index	Starters	Entrées	Mains	Grill	Sides	Desserts

### Grigliata mare e monti

Tiger prawns, slipper lobster, squids, Australian lamb rack, Duck breast and Iberico pork collar presa, all grilled to your liking and served with a flight of four in house made sauces and Mediterranean aromatic butter.

THB

# 4,990.00

#### Allergens and other dietary requirements

Salmoriglio sauce does not contain allergens Bordelaise sauce contains meat (beef), Alcohol (red wine) and dairies Nam Jim seafood contains fish and sugar Nam Jin Jaew contains sugar, fish and soy derivates (soy sauce) Mediterranean aromatic butter contains dairies Vino Bianco basting contains alcohol (white wine) Thai BBQ basting contains fish and mollusks Southern style basting does not contain allergens



At Isole, we make every effort to identify ingredients that may cause allergic reactions for those individuals with food allergies. Effort is made to instruct our food production staff on the severity of food allergies. However, there is always a risk of contamination. There is also a possibility that manufacturers of the commercial foods we use could change the formulation at any time, without notice. Guests concerned with food allergies need to be aware of this risk. Isole will not assume any liability for adverse reactions to food consumed, or items one may come in contact with while eating our products.

The largest surf 'n turf, perfect for a large table to feast on.

Side Dishes		
Insalata di pomodori, rucola e cipolle	page	60
Insalata mista	page	61
Scarola strascinata	page	62
Macco di fave al pecorino	page	63
Tortino di patate e carciofi	page	64
Patate fritte	page	65
Purea di patate	page	66

# Insalata di pomodori, rucola e cipolle

Wild arugula, cherry tomatoes and red onions in vinegar and extra virgin dressing.

# THB

120.00

#### Allergens and other dietary requirements

It does NOT contain allergens



	Side Dishes	Index	Starters	Entrées	Mains	Grill	Sides	Desserts
--	-------------	-------	----------	---------	-------	-------	-------	----------

# Insalata mista

Mixed greens, carrots and cherry tomatoes in vinaigrette dressing.

# THB

120.00

### Allergens and other dietary requirements

It does NOT contain allergens





# Scarola strascinata

Sautéed escarole in extra virgin olive oil and garlic.

### THB

490.00

#### Allergens and other dietary requirements

It does NOT contain allergens





# Macco di fave al pecorino

Broad beans puree with ewe's milk cheese and extra virgin olive oil.

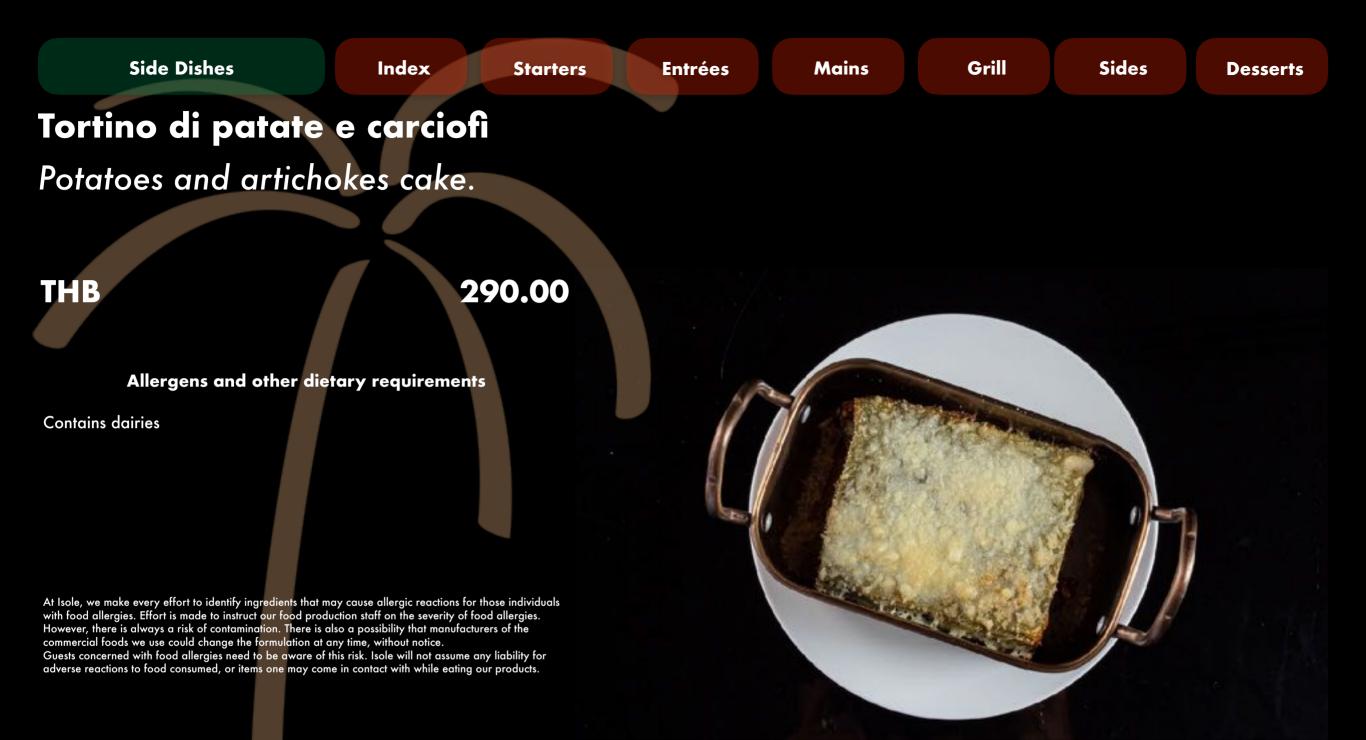
### THB

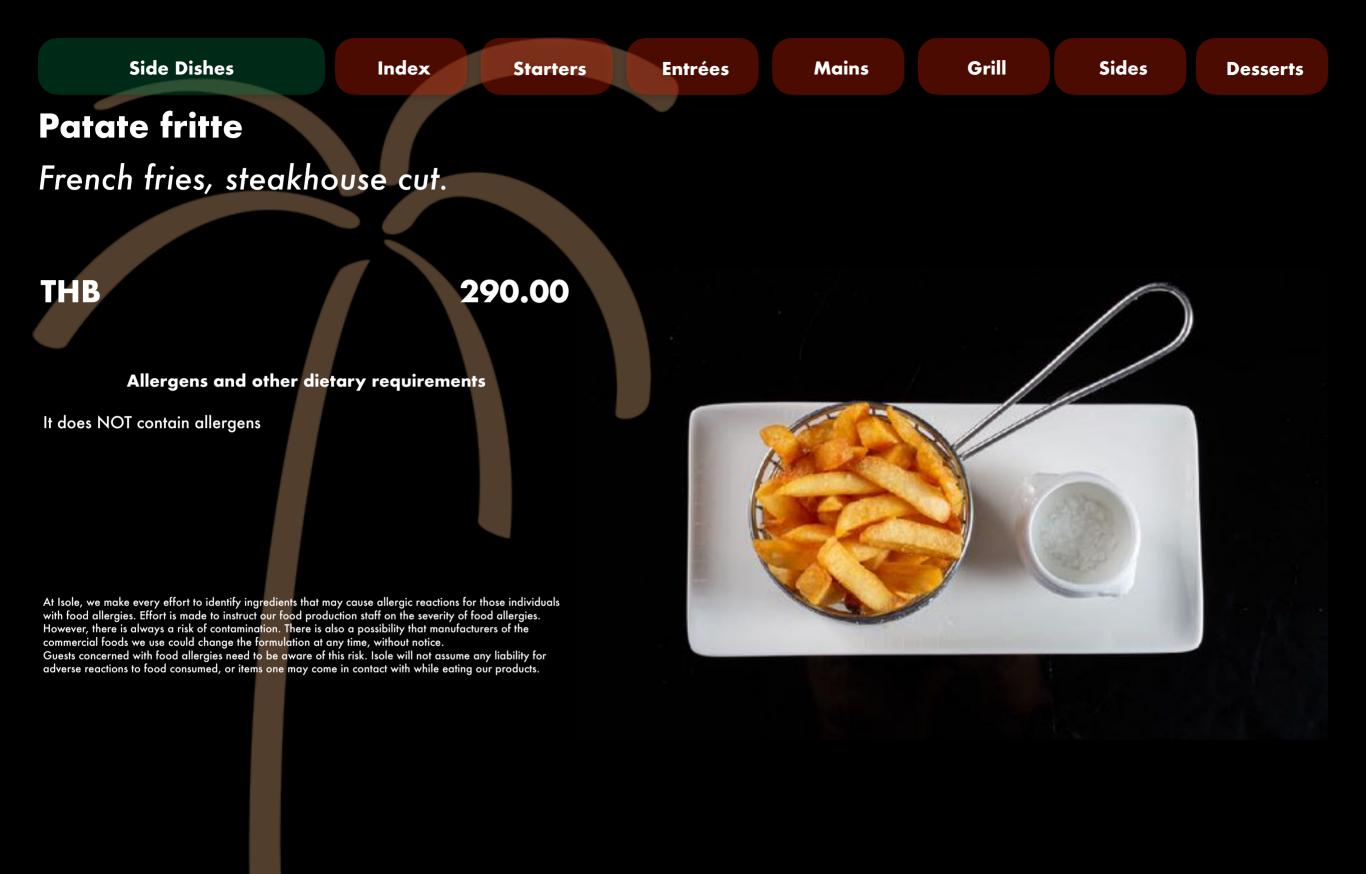
250.00

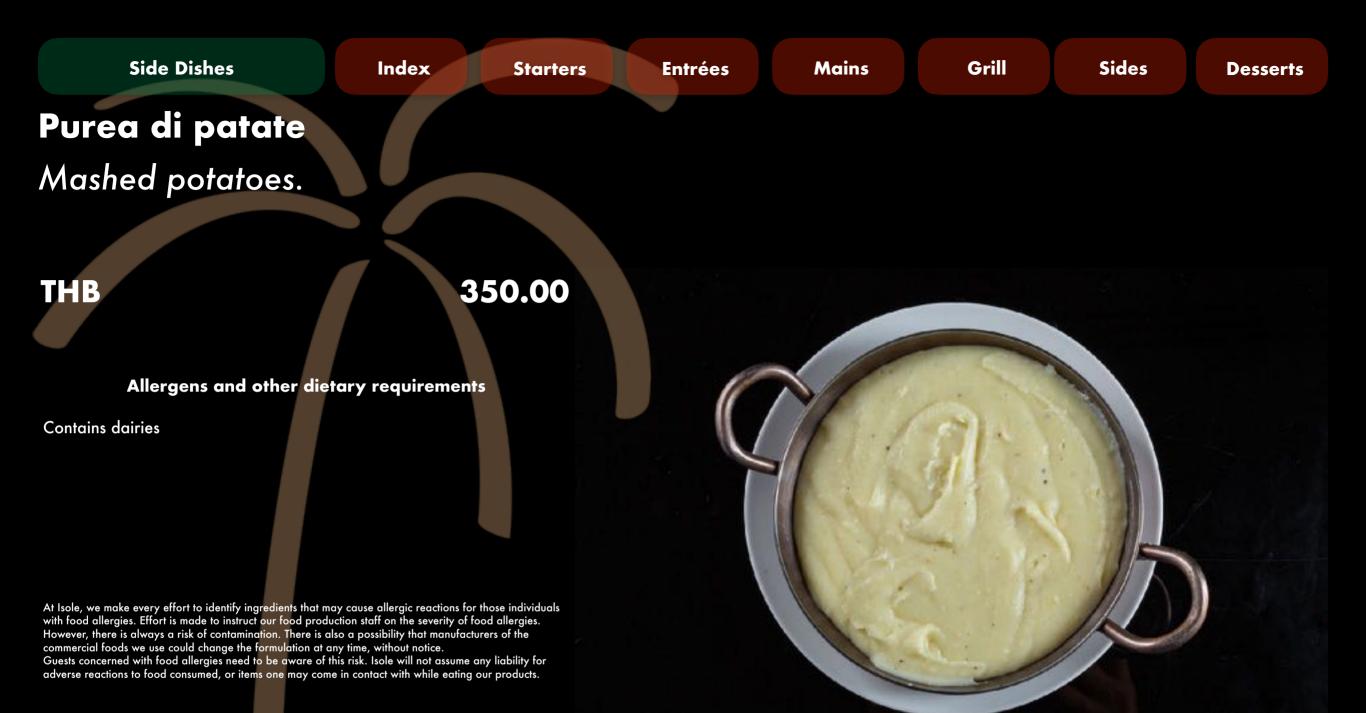
Allergens and other dietary requirements

Contains dairies









Desserts		
Mediterranean Desserts		
Seadas al miele con sorbetto di mandarancio	page	68
Gelato di Pistacchio di Bronte con gelo di anguria	page	69
Caramelized Toast	page	70
Phuket Desserts		
Bi Ko Moi	page	71
Andaman Sea	page	72
Kanom Peak Phoon	page	73
Phuket Chocolate	page	74

# Seadas al miele con sorbetto di mandarancio

Fried cheese ravioli with honey and tangerine sorbet.

# THB

350.00

#### Allergens and other dietary requirements

Contains dairies, eggs and sugar

At Isole, we make every effort to identify ingredients that may cause allergic reactions for those individuals with food allergies. Effort is made to instruct our food production staff on the severity of food allergies. However, there is always a risk of contamination. There is also a possibility that manufacturers of the commercial foods we use could change the formulation at any time, without notice. Guests concerned with food allergies need to be aware of this risk. Isole will not assume any liability for adverse reactions to food consumed, or items one may come in contact with while eating our products.



Inspired by the ancient, traditional Sardinian recipe, it's made of three deep fried ravioli filled with citrus flavored fresh cheese and dipped in wild flowers honey. A scoop of tangerine sorbet on the side to refresh the experience.



Pistacchio di Bronte ice cream with pistachio nuts and watermelon gelée.

### THB

# 350.00

#### Allergens and other dietary requirements

Contains tree nuts (pistachio), dairies and sugar

At Isole, we make every effort to identify ingredients that may cause allergic reactions for those individuals with food allergies. Effort is made to instruct our food production staff on the severity of food allergies. However, there is always a risk of contamination. There is also a possibility that manufacturers of the commercial foods we use could change the formulation at any time, without notice. Guests concerned with food allergies need to be aware of this risk. Isole will not assume any liability for adverse reactions to food consumed, or items one may come in contact with while eating our products.



Pistacchio from Bronte



Caramelized brioche toast with calamansi gel, raspberry sauce and tangerine ice cream.

# THB

350.00

### Allergens and other dietary requirements

Contains dairies, gluten and sugar

At Isole, we make every effort to identify ingredients that may cause allergic reactions for those individuals with food allergies. Effort is made to instruct our food production staff on the severity of food allergies. However, there is always a risk of contamination. There is also a possibility that manufacturers of the commercial foods we use could change the formulation at any time, without notice. Guests concerned with food allergies need to be aware of this risk. Isole will not assume any liability for adverse reactions to food consumed, or items one may come in contact with while eating our products.



It takes inspiration from the very well known local staple dish which can be found in any corner of Phuket Town as the best street food.

Phuket Desserts	Index	Starters	Entrées	Mains	Grill	Sides	Desserts
-----------------	-------	----------	---------	-------	-------	-------	----------

# Bi Ko Moi

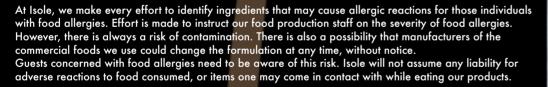
Sweet black sticky rice with coconut meat black sticky rice ice cream and coconut sauce.

# THB

320.00

#### Allergens and other dietary requirements

Contains sugar





Traditional Phuket dessert, brainchild of the local Hokla Chinese community, it usually consists in a dollop of warn black sticky rice with a spoon of coconut milk on it; we reinterpreted as a concoction of black sticky rice ice cream, puffed rice, sweet coconut sauce and young coconut meat.

Phuket Desserts	Index	Starters	Entrées	Mains	Grill	Sides	Desserts

### Andaman sea

Strawberry white chocolate mousse, pistachio crumble, siphon cake and coconut ice cream.

# THB

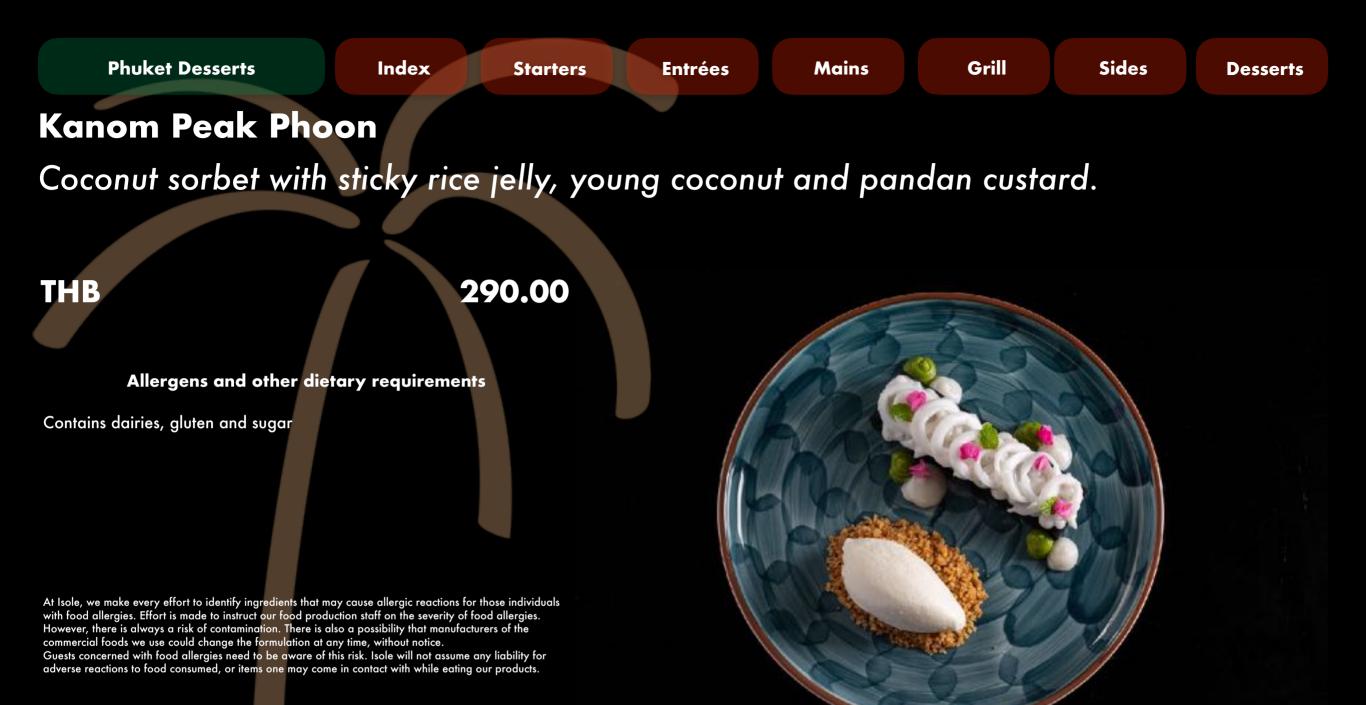
350.00

### Allergens and other dietary requirements

Contains dairies, gluten, nuts, soy oil and sugar

At Isole, we make every effort to identify ingredients that may cause allergic reactions for those individuals with food allergies. Effort is made to instruct our food production staff on the severity of food allergies. However, there is always a risk of contamination. There is also a possibility that manufacturers of the commercial foods we use could change the formulation at any time, without notice. Guests concerned with food allergies need to be aware of this risk. Isole will not assume any liability for adverse reactions to food consumed, or items one may come in contact with while eating our products.

The sweetest of all seas on your plate.



A modern take of a Phuket's classic, where black sticky rice is in form of jelly and coconut in form of ice cream, its raw flesh and delicate cream, plus the pandan leaves in form of a custard.

Phuket Desserts	Index	Starters	Entrées	Mains	Grill	Sides	Desserts
-----------------	-------	----------	---------	-------	-------	-------	----------

# Phuket chocolate

Mousse of dark Phuket chocolate 72%, coco nips crumble, raspberry sauce.

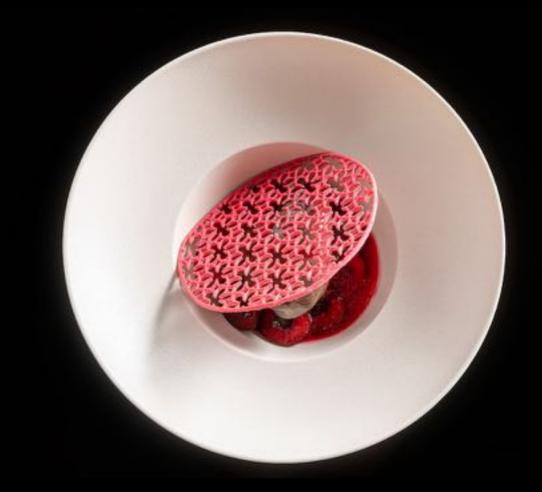
# THB

390.00

### Allergens and other dietary requirements

Contains dairies, gluten, soy oil and sugar

At Isole, we make every effort to identify ingredients that may cause allergic reactions for those individuals with food allergies. Effort is made to instruct our food production staff on the severity of food allergies. However, there is always a risk of contamination. There is also a possibility that manufacturers of the commercial foods we use could change the formulation at any time, without notice. Guests concerned with food allergies need to be aware of this risk. Isole will not assume any liability for adverse reactions to food consumed, or items one may come in contact with while eating our products.



Local unique chocolate with strong flavour profile and an hint of strawberry, orange and grape. To cut through this delicious flavour we use a perfect raspberry sauce.

	Other	Index	Starters	Entrées	Mains	Grill	Sides	Desserts
--	-------	-------	----------	---------	-------	-------	-------	----------

# Pane guttiau

Sardinian, crispy flatbread, called "Pane Carasu", dressed with premium extra virgin olive oil, sea salt and fresh rosemary then quickly baked. First serving it's free of charge.

### THB

250.00

Allergens and other dietary requirements

Contains gluten





Mini baguette, rye dark roll, ciabatta, focaccia and sesame grissini, all hand made by an artisanal Italian bakery in Phuket and served warm with "pesto rosso" a savory dip of sun dried tomatoes and Mediterranean herbs.

тнв

390.00

#### Allergens and other dietary requirements

Contains tree-nuts (walnut in the pesto rosso) and gluten

